

# Community LINKS


Your Information and Referral Source

# Quick Fact Sheet

In order to assist individuals in our community with the difficult task of finding and accessing the resources and the supports that exist, Community Links provides a multifaceted approach to the information they gather and keep up to date. Information that goes out from Community Links is aimed either towards assisting individuals directly, or by providing up to date information on resources to other community agencies. The aim of this is to create a well rounded approach to accessing information, as well as to ensure that individuals are given the proper information no matter where they receive it.


## INDIVIDUALS

**In Person**




The Community Links Social Work Team is ready and available to meet with individuals to discuss the supports that they are looking for in the community. Community Links staff are available on a drop-in basis at the downtown branch of the Lethbridge Public Library during regular business hours. Staff will follow up with individuals to ensure that referrals meet their needs.

**Phone**



Community Links Staff are available during regular business hours by calling 403.328.LINK (5465)

**Getting Connected Booklets**




Getting Connected Booklets are a pocket sized resource guide, printed twice a year and available at various locations throughout Lethbridge. Print and PDF Versions are available.

**Resource Cards**



A series of 8 Cards that highlight specific information and resources for various demographics in our community. These include: Men, Women, Children, Post-Secondary, Indigenous, Immigrant, LGBTQ+, and Seniors. Updated Quarterly.

**Online**




The Community Links [website](http://www.communitylinks.ca) links together with HelpSeeker.org to provide information on services and programs, as well as offers listings activity calendar and weekly housing listings.

## AGENCIES




**Phone & In Person**



The Community Links Social Work Team is available to assist service providers and agencies with finding other resources in the community. To help with this services in the community are encouraged to regularly review and update information on HelpSeeker.org about their programs and services.

**Community Links Resources**




Agencies can reach out to Community Links to have any of the resources put together (Getting Connected Booklets, Resource Cards) available at their agency.

## COMMUNITY



**Community Outreach**



Community Links and CMHA, ASR are both committed to making sure their resources are available throughout the community. To achieve this they maintain an active presence at events in the community including:

- Project Connect
- I Stand Against
- IMPACT Pop Up Health
- Mental Health Week
- Teachers Convention
- Talk Today (WHL)

Community Links is operated by:



Canadian Mental Health Association  
Alberta South Region  
Mental health for all



Family and Community Support Services  
City of Lethbridge

